

YMCA OF GLENDALE

2012 CAMP FOX

Parent Handbook

Dear Parents, Guardians and Campers,

Welcome to the 2012 Summer Camping Season with the YMCA of Glendale. Our YMCA has been providing camp experiences on Catalina Island since 1926. Many campers of today have parents and grandparents that camped with us as children.

It is our goal to provide your child with a safe and fun-filled week of swimming, games, archery, kayaking, wall climbing, high ropes, snorkeling, paddleboarding, campfires and friendship.

Our camps are based on Christian values in an environment that welcomes all faiths and cultures. The YMCA of Glendale supports the Christian principles as included in the founding of the YMCA movement (Body, Mind, Spirit). At Camp Fox, a Christian message is intended to support and reinforce family values. Campers may expect to hear a prayer at selected camp activities and may have the opportunity to further their commitment to the Christian way of life.

The Camp Directing Staff are adults with many years of camp directing experience and understand the needs of our young people. The counseling staff, most of which are former campers, is carefully selected and trained to help your child have the best possible experience.

Please keep this Handbook for reference. You may also choose to make a copy of your completed forms before returning them to us. Your camper fee may be made in payments and is due in full 4 weeks before camp attendance.

Please note that it is your responsibility to inform the YMCA of Glendale of any changes, particularly to the Health and Insurance Form, which may occur between the time you complete the forms and the day your child departs for camp.

We look forward to a fun-filled week with your child that will provide lasting memories and friendships.

Sincerely,
YMCA of Glendale Camp Department



YMCA OF GLENDALE MISSION STATEMENT

To put Christian principles into practice through programs that build spirit, mind, and body for all.

THE VOLUNTEER / STAFF PARTNERSHIP

The community-based ownership of the YMCA provides for a unique relationship between the staff hired to implement programs and participating members. In many cases, staff for a particular program have been involved as members prior to their taking on the leadership position. This "train our own leadership" development philosophy allows for maintaining high standards in program quality.

The YMCA of Glendale camp counselors are adult and young adult volunteers who are enthusiastic, youth-focused individuals seeking to be positive role models in the lives of young people. All volunteers and camp staff are thoroughly screened with background checks completed. We take pride in our staff team and provide a comprehensive training, which includes health and safety, developmentally appropriate practices, risk management, supervision, child abuse prevention, and other camp related topics.

YMCA of Glendale

PARENT INFORMATION AND INSTRUCTIONS

Should your child become unable to attend camp for any reason, please notify us immediately at (818) 240-4130 x 24.

DEPOSIT

Your \$75 deposit is non-refundable unless we are not able to accommodate your child due to space limitations.

FORMS AND FEES

All forms and fees are **due a minimum of four weeks prior to camp date** to hold your camp reservation and to help ensure your camper's cabin assignment. After your initial deposit, you may make payments as you like towards your camper(s) fees.

INSURANCE

The YMCA of Glendale carries no accident or medical health insurance and assumes no financial obligation in the event of any injury. We realize that most families have some type of health insurance and need you to record the insurance carrier and policy number on your child's *Health & Insurance Form*. Please attach a photocopy of your child's insurance card with your completed registration forms.

PHYSICAL EXAMINATION

Physical examinations are recommended within 24 months of attending camp and must be attested by a physician's signature. It is not required to have a new exam to attend camp. It is the parent's responsibility to see that their child is physically fit to participate in camp activities. Current tetanus shots are strongly advised, and **dates of shot records are required on the Health History Form**.

MEDICATIONS

In accordance with Federal Drug Laws, we must insist all prescriptions sent to camp are in **ORIGINAL PHARMACY CONTAINERS** with dosage typed by your pharmacist. No parental modification is accepted. This is also true of medications "to be taken when needed". Over the counter medications must be in the original packaging and labeled by the parent with the camper's name and dosage. **DO NOT PACK MEDICATION IN LUGGAGE**. It must be given to the **Camp Director prior to boarding the boat**. Parents will be completing a **medical instruction form at the boat registration table**. Any unused medication will be returned by the Camp Medic/Director upon boat arrival back from camp and is the responsibility of the parent/guardian to pickup. We recommend using a re-sealable plastic bag clearly labeled with your child's name.

POLICY ON DRUGS, ALCOHOL, WEAPONS, SMOKING, SAFETY AND CONDUCT

Camp policy does not allow any drugs, alcoholic beverages, weapons or smoking at camp. Camp policy will not tolerate anyone who compromises the safety of camp through not respecting adult authority, property of others or observance of camp safety rules and regulations. Camp reserves the right to search any and all belongings during anyone's stay at camp.

Attendance at Camp Fox is a privilege. Any camper or volunteer staff member may be sent home at any time at the discretion of the camp manager or camp director for failing to adhere to camp schedules, policies and/or code of behavior. **It will be the responsibility of the parent/guardian of camper and/or volunteer staff member to provide or purchase transportation from Avalon, California to his/her final destination if camper or volunteer staff member is asked to leave camp.**

NO PERSONAL SPORTS EQUIPMENT, PERSONAL VEHICLES, PETS, RADIOS, CELL PHONES, PAGERS, CD/CASSETTE PLAYERS, WALKMANS, ELECTRONIC GAMES, OR KNIVES ARE ALLOWED AT CAMP! (THAT'S WHY WE'RE GOING TO CAMP!)

WORLD SERVICE

Camper's will have the opportunity to make a contribution to the YMCA World Service Program. Money donated through this program helps children in the United States and overseas enjoy some of the same opportunities we have enjoyed at Fox. It makes a great impact upon the campers when they realize that each person giving so little can accomplish so much. Many campers give from \$1.00 to \$5.00. Once combined, these gifts are able to pay for a week of camp for someone less fortunate. A donation to this fund is optional and is left to your discretion. Should you and your child choose to contribute to the World Service fund, the amount should be included in your child's "camp store" SPENDING MONEY.

Departure and Return

All Fox Camps (Junior High (July 22-28), Coed Youth 1 (July 29-August 4), High School (August 5-11), & Coed Youth 2 (August 12-18) check in 7:45-8:30 am. The departure and return site for camp is Catalina Classic Cruises out of the Catalina Express Terminal at the Queen Mary in Long Beach. **DO NOT DROP YOUR CHILD OFF WITHOUT CHECKING IN!** *If you're late, the boat may leave without your child. You will then be responsible for fares to Avalon and the shuttle to camp.* We return all camps to the same port at approximately 6:00 pm-6:15 pm the following Saturday.

LATE DROP OFF: Registration starts at 7:45 am. If you see that you are not going to get to the harbor on time:

- Call the YMCA immediately (818) 240-4130 and have them notify the staff at the harbor.
- Expect that you will have to take a boat later that morning. Staff will stay at the harbor and assist you with the arrangements.
- Parent or adult will be responsible for paying for the boat ticket (approximately \$40.00 - \$50.00 each) and one adult will be necessary to escort the camper on the boat to Avalon. Staff will meet them in Avalon to escort the camper to camp for a fee of \$25 per person.

LATE PICK UP: Upon return to Long Beach, if your child is not picked up by the time the final staff person leaves for Glendale, he/she will remain in our care and will be transported to the YMCA of Glendale, 140 N. Louise St., Glendale, CA and will remain under our supervision until your arrival. **If this circumstance occurs, please call** the YMCA of Glendale at (818) 240-4130 to let us know you were late and are now on your way to Glendale.

DIRECTIONS TO CATALINA CLASSIC CRUISES IN CATALINA EXPRESS TERMINAL IN LONG BEACH

Take the 710 Freeway South into Long Beach. Stay in the right lane, follow all signs to the Queen Mary which will lead you to the Catalina Express Terminal inside the Queen Mary gate. We are at the bow of the ship which faces inland. There are parking charges. Address is 1046 Queens Hwy, Long Beach, CA 90802 for you googlers. (A map will also be sent with your confirmation)

SUGGESTED ITEMS FOR CAMP

Equipment is the responsibility of the camper and is brought to camp at his/her own risk. The YMCA of Glendale is not responsible for lost or damaged equipment. **YOU SHOULD MARK ALL ITEMS OF EQUIPMENT AND CLOTHING WITH YOUR CHILD'S NAME.** Campers are asked to limit luggage to one duffel bag or suitcase. The following list may be helpful in packing for camp.

- | | | |
|---|---|---|
| <input type="checkbox"/> Sleeping Bag | <input type="checkbox"/> Sweater/Sweatshirt or Jacket | <input type="checkbox"/> Toothbrush and Paste |
| <input type="checkbox"/> Underwear (7) | <input type="checkbox"/> Swim Suit(s) 2 is best | <input type="checkbox"/> Hand Lotion |
| <input type="checkbox"/> T-Shirts/Tank Tops (8) | <input type="checkbox"/> Pajamas | <input type="checkbox"/> Soap |
| <input type="checkbox"/> Long Pants (2) | <input type="checkbox"/> Socks | <input type="checkbox"/> Sunscreen & lip protection |
| <input type="checkbox"/> Tennis Shoes (2) | <input type="checkbox"/> Hat | <input type="checkbox"/> Flashlight (bag the batteries) |
| <input type="checkbox"/> Beach Shoes | <input type="checkbox"/> Bag for Dirty Clothes | <input type="checkbox"/> Reading Materials |
| <input type="checkbox"/> Shorts (2) | <input type="checkbox"/> Towels/Wash Cloths (2) | <input type="checkbox"/> Spending Money (\$30.00 max) |
| <input type="checkbox"/> Writing Materials/Stamps | | |

OPTIONAL ITEMS

- | | |
|---|---|
| <input type="checkbox"/> Camera | <input type="checkbox"/> Bible |
| <input type="checkbox"/> Musical Instrument | <input type="checkbox"/> Fishing & spear poles, (without reels, lines, hooks or spear tips attached.) |

NOTE: Lost and Found items left at the YMCA of Glendale longer than one month will be donated to charity.

SPENDING MONEY

A maximum of \$30.00 will more than cover a daily snack, handicraft and World Service contribution. Your child can have a good time with very little spending money. Campers will be well fed and will not need the Camp Store for survival. Spending money may NOT BE PAID IN ADVANCE. Place cash in a sealed envelope clearly labeled with your child's name and the words **"FOR DEPOSIT AT THE CAMP STORE."** Pack the envelope in your child's luggage where he/she can find it to give the cabin counselor upon arrival at camp. Unspent dollars are returned to the camper on departure day at camp.

RENTAL EQUIPMENT

Campers are responsible for lost rental snorkeling equipment! Replacement value is \$12.00 per set! For snorkeling, the camp provides use of mask, fin, snorkel & wet suit for the activity

CAMP STORE

The Camp Store is operated for the convenience of the campers. The following items will be available for purchase: Candy, soda pop, snacks, postcards and some craft supplies.

MAIL

Receiving mail is a camper's delight. Letters, postcards or parcels should be mailed by the Thursday before departure for camp, and no later than the Wednesday your camper is in camp to assure delivery. **YOU MUST PUT THE CAMP SESSION and SENDER'S RETURN ADDRESS ON THE OUTSIDE.** Please do not send care packages due to the volume of packages to handle. Write more than once! Address mail to:

CAMP FOX, Camper's Name, CAMP WEEK, P.O. BOX 1920, AVALON, CA 90704

MEDICAL TREATMENT STANDARDS AND GUIDELINES

The Camp Fox Medical Staff is committed to providing your child with a safe and healthy camping experience. From time to time a camper may require care from our medical staff. We follow sound treatment standards that have been approved by trained, qualified physicians. We will contact the parent / legal guardian immediately should the services of the physicians in Avalon be required. A camper's parent/guardian will be contacted using the following guidelines:

Minor First Aid

Examples: Minor scrapes, or scratches

Typically, we do not contact parent/guardian for minor scrapes, scratches that do not require the services of a physician.

Minor Illness / Injury

Examples: Sore throat, headaches, nausea

This category is at the discretion of the camp medical staff as to when parent / legal guardian is contacted. Prolonged symptoms usually initiate a phone call.

Services Involving a Physician:

Examples: Cuts requiring sutures, prolonged vomiting

Parent/Guardian is contacted.

IF YOU HAVE QUESTIONS, you are welcome to contact your specific Camp Director at (818) 240-4130 x 24 for contact information.

TAKING CARE OF BUSINESS...

Financial Assistance... If you are in need of financial assistance to provide your child with a YMCA of Glendale camp experience, please contact RAY CALAME at (818) 240-4130, extension 24 for details.

Responsibility...The YMCA is committed to supporting families in building such qualities in their children as *Caring, Honesty, Respect and Responsibility*. To this end, the YMCA of Glendale has a program in place where your child can help pay his or her way to camp through candy sales. Call Ray Calame (818) 240-4130 x 24 for more details.

Keeping the Promise... No child is ever turned away from a YMCA program due to inability to pay. Each year, the YMCA of Glendale contributors provide donated \$ in campership aid to send deserving and desiring children to Camp. Your tax-deductible contribution of any size will help a child have a memorable camping experience that may have life-changing results. Contact George Saikali at (818) 240-4130, ext. 16 for more information, or mail your donation by *separate check* to YMCA of Glendale, Attn: Campership Dept., 140 No. Louise St., Glendale, CA 91206.

For your convenience...You may pay your child's camp deposit and or fees by VISA, American Express, Mastercard or Discovery card. Please complete the form in your Camp Application booklet ***TODAY!***

All forms should be mailed to:

YMCA of Glendale
Attn: Camping Department
140 North Louise St.
Glendale, CA 91206-4226

Due 4 weeks before camp!

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YMCA of Glendale
140 N. Louise Street
Glendale, CA. 91206-4226

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