



**The YMCA of Glendale and the
City of Glendale Police Activity League
are pleased to announce**

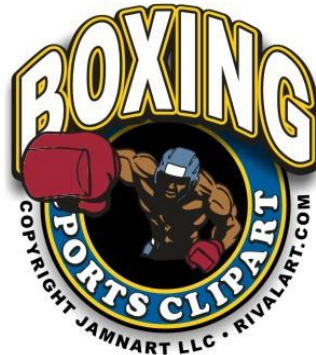
The PAL Boxing Program for Boys and Girls

Sports Program: **Boxing**

- Builds Self Esteem and Confidence
- Improves Total Fitness and Coordination
- Teaches Self Defense Skills

Instructor: Coach Hamlet Babakhanian, Former Pro Fighter and Coach

Time: Tuesday and Thursday, 4:00 pm to 6:00 pm



YMCA of Glendale

130 North Louise Street, Glendale, CA 91206

www.glenymca.org

For Additional Information Please Contact: Arsen Mirzaian at (818) 240-4130 ext. 34