

Y HEALTH & WELL-BEING™

We build strong kids, strong families, strong communities.

Be active, stay active at the YMCA!

There is something for everyone in the family. Participate alone or together, we're here to help you make the most of your day!

Ages 0-2	Basketball Leagues
Parent - Tot Gym	After School Program
Parent - Tot Swim	Summer Day Camp
Ages 3 - 5	Camp Fox
Ballet Lessons	Camp Elk
Tumbling Classes	Camp White's Cove
Swim Lessons	Campus by the Sea
Scooter Softball	Karate
Scooter Basketball	Health & Fitness
Scooter Indoor Soccer	Center
Ages 6 - 9	Ages 13 - 17
Gymnastics Lessons	Swim Lessons
Swim Lessons	Gymnastics Lessons & Team
Ballet	Ballet & Tap
Tap	Basketball Leagues
After - School Program	Camp Fox
Summer Day Camp	Camp Elk
Basketball Leagues	Camp White's Cove
Ages 9 - 12	Leadership Camp
Gymnastics Lessons	Karate
Swim Lessons	Teen Volunteering
Ballet	Strength Training
Tap	

ASSISTANCE WITH FEES

The YMCA believes in providing membership and programs to all that desire to participate. The YMCA's Financial Assistance Program, supported by donations, provides funds for those in proven need within the YMCA's available resources.

RIGHTS RESERVED

The YMCA makes every effort to avoid exercising these rights, however it reserves the right to refuse service to anyone for any reason, and the right to change programs and services without notice.

YMCA of Glendale

Mission

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

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We Build Strong Kids,
Strong Families, Strong Communities.

YMCA Glendale

Your Family Place



YAFTERSCHOOL™
We build strong kids, strong families, strong communities.



YMCA's History As A Provider of Afterschool Programming

- As schools across the country prepare to open their doors, working parents once again find themselves searching for safe, quality afterschool programs to complement and supplement their children's in-school learning. With nearly 10,000 afterschool programs across the country, the nation's YMCAs are a leading resource for parents looking to find meaningful and fun afternoon activities.
- The nation's YMCAs have been engaging children in afterschool programs for more than 50 years.
- We have served youth and young adults for nearly 160 years in a variety of programs including afterschool enrichment, aquatics, arts, camping, health and wellness, sports, service learning, teen leadership and club programs.

ABOUT OUR AFTERSCHOOL PROGRAMS

- Non-academic does not mean non-educational. Activities that strengthen, expand and provide real life context to information learned in the classroom are important to children's learning. For example, soccer helps in developing an understanding of geometry, cooking projects help to teach fractions and journal writing helps to develop writing skills and stimulate creative thinking.
- Our programs include elements that promote artistry, social skill development, emotional development, nutrition and physical activity, character development, sports, service learning as well as literacy, math and science hands on activities.
- We aim to build self-esteem and provide the concrete tools youth need to be happy and productive in life.
- Our staff and volunteers understand that each youth needs significant adults beyond family to relate to and rely upon for support and guidance. As such staff are carefully selected and trained to be good role models.

AFTERSCHOOL PROGRAM

3:00 to 6:00 pm

Monday through Friday on School Days Only
For Children In Grades 2nd thru 6th

It's a great place for your kids to go afterschool.

It's a safe place where both the kids and parents can be sure children will have a great time!

Price

\$15 a week for members

\$20 a week for non-members

\$4 a day for members

\$5 a day for non-members

(A late fee will apply for all kids picked up after 6:00 pm)

GYM GUARDIANS

Basketball Court Drop-In is now supervised!

From 3:30 pm to 5:30 pm

Tues. through Friday

Ages 8 through 14

YMCA Youth Membership Required!

HEALTH & FITNESS CENTER

Monday through Friday

3:30 pm to 8:00 pm

Saturday

9:00 am to 2:00 pm

Ages 8 through 14

YMCA Youth Membership Required!

10 station exercise circuit, Dance-Dance Revolution®, Nintendo Wii.®
Hip Hop Classes and more!